

**ALL SAINTS EPISCOPAL CHURCH
THIRD SUNDAY IN LENT**

March 8, 2026- 8:00 AM *(No music)*

10:15 AM *(with music)*

HOLY EUCHARIST - RITE II



The Reverend Kathryn L. King, Rector
The Reverend Mary Frances Schjonberg, Priest Associate
500 Lake Avenue
Bay Head, New Jersey
(732) 892-7478
www.allsaintsbayhead.org

+++++++

THE SERVICE OF THE WORD

Prelude

*The ringing of the bell signals that our worship is about to begin.
Please stand as you are able.*

THE SERVICE OF THE WORD

Silent Procession

Welcome & Opening Acclamation

p. 355

Kyrie #S91, "Lord, Have Mercy upon Us"

Healy Willan

Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Opening Hymn #690, "Guide Me, O Thou Great Jehovah"

Cwm Rhondda

A Reading from the Book of Exodus (17:1-7)

Katharine Benziger/Ruairi O'Neill

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people, and take some of

the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

Reader: The Word of the Lord.

People: **Thanks be to God.**

The Psalm appointed for today is Psalm 95. We will read it responsively by half verse.

1 Come, let us sing to the LORD; *

let us shout for joy to the Rock of our salvation.

2 Let us come before his presence with thanksgiving *

and raise a loud shout to him with psalms.

3 For the LORD is a great God, *

and a great King above all gods.

4 In his hand are the caverns of the earth, *

and the heights of the hills are his also.

5 The sea is his, for he made it, *

and his hands have molded the dry land.

6 Come, let us bow down, and bend the knee, *

and kneel before the LORD our Maker.

7 For he is our God, and we are the people of his pasture and the sheep of his hand. *

Oh, that today you would hearken to his voice!

8 Harden not your hearts, as your forebears did in the wilderness, *

at Meribah, and on that day at Massah, when they tempted me.

9 They put me to the test, *

though they had seen my works.

10 Forty years long I detested that generation and said, *

"This people are wayward in their hearts; they do not know my ways."

11 So I swore in my wrath, *

"They shall not enter into my rest."

A Reading from Paul's Letter to the Romans (5:1-11) Katharine Benziger/Angelina O'Neill

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader: The Word of the Lord.

People: **Thanks be to God.**

Gospel Acclamation (*omit Amen*)

ST. STEPHEN W. JONES, 1789



THY Gospel, Jesus, we believe,
And for thy help we pray,
That we in thought and word and deed,
Thy Gospel may obey. Amen.

Celebrant: The Holy Gospel of our Lord Jesus Christ according to John (4:5-42)

People: **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with

her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

Celebrant: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Repeat the Gospel Acclamation (*omit Amen*)

The Sermon

A period of silence is kept after the sermon

The Rev. Kathryn L. King

Nicene Creed

p. 358

The Prayers of the People are found on the card in your pew rack.

Please join in speaking aloud the names of those on our prayer list: **Phyllis & Ed K., Dick Hewson, Pat P., James Spencer Burwinkle, Chris K., Katie, Mark Smith, Greta S., Anita B., Marianne S., Laura R., Iryna Zarutka, Len, Martha, Francis Shaughnessy, Donna, Sabina, Jen, Joyce L., Roseanne & Thomas S., Nancy, Henry, Barb, Greg, Laurie, Karen, Sgt. Billy Huether, John, and Dick.**

Those celebrating birthdays, especially **Lance White and Hank Bristol**, and for those celebrating anniversaries, especially **Jane & Lance White**.

The Peace

Please share the peace with those in your pew and a distanced greeting with others.

Offertory Sentence

Offertory Anthem, Come, Ye Sinners, Poor and Needy

Turner

Doxology

THE HOLY COMMUNION

Please remember that there are no Alleluias during Lent or Holy Week.

The Great Thanksgiving: Eucharistic Prayer B

p. 367

Sanctus #S124

The Lord's Prayer

The Breaking of the Bread

p. 364

Agnus Dei #S161

The Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*



The Communion of the People

All are welcome to receive Communion. If you are unable to come to the Altar, please notify an Usher; Communion will be brought to you. Those who desire to receive the wine may drink from the chalice or intinct /dip the host in the shallow dish. If you wish to intinct, please hold the host so it is visible to the Eucharist Minister. To drink from the chalice, please hold of the bottom of the chalice and help guide it to your lips.

Communion Hymn #609, “Where Cross the Crowded Ways of Life”

Gardiner

The Post-Communion Prayer

p. 365

The Solemn Prayer over the People

(Please kneel or bow as you are able.)

Celebrant: Bow down before the Lord.

Closing Hymn #692, “I Heard the Voice of Jesus Say”

KINGSFOLD

**The Dismissal
Postlude**

Service Participants

Celebrant: The Rev. Kathryn L. King

Verger: Clayton Smith

Chalice: 8:00 – 10:15 – Rick Hager

Acolytes: 8:00 – Dick Hewson 10:15 –

Lectors: 8:00 – Katharine Benziger 10:15 – Ruairi O’Neill, Angelina O’Neill

Altar Guild: Mary Peters, Barbara Murray

Hospitality: Meg & Steve Beresik



Announcements

Evening Prayer @ 5:30 PM
(Mon. & Fri. nights through the Lenten Season)

Lenten Series continues Thursdays at 10:30 AM and 6 PM

3/8 Pancake Breakfast following 10:15 service

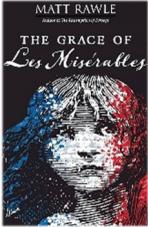
Pledge Status Report: 78 - 2026 Pledges total \$182,243.00

2026 Pledges collected as of 2/8/2026 \$ 47,278.00

Balance of pledges for 2026 \$134,965.00

The Newest Addition to our All Saints Family





Thursday Lenten Series 2026 The Grace of Les Misérables

Continues... March 12, & 26 **No sessions on March 19**

Morning session follows Thursday 10 AM Eucharist.

Evening session begins at 6 PM with a simple supper and concludes at 7:30 PM with Compline.

Lent Evening Prayer Join in Evening Prayer on Mondays and Fridays at 5:30 PM. This 20-minute office provides a way to mark the end of business and enter into a quieter close to the day. Stop by on your way home or on your way out to supper. Speak with Michael and Francine Ling or Kathryn if you have any questions.



Women's Guild Lenten Reflection Day – Prayerful Walking March 10, 10:30 AM All women of the parish are invited to the Women's Guild Lenten Quiet Day. Kathryn has arranged to borrow a labyrinth that will be set up in Bristol Hall. We will learn about labyrinths and have the opportunity to walk the large labyrinth as well as try several tabletop and hand-held models. Bring a bag lunch.



For more information, please speak to Barbara Tuzio and Jo Patrone.

United Thank Offering The little blue boxes are now available for your thankful offerings. This is an opportunity for us to turn our many blessings into blessings for others. Please support this important ministry that provides aid in the form of grants to the Episcopal Church and the provinces of the Anglican Community throughout the world. Our Ingathering will be later in the Spring.



St Gregory's Pantry Donations: Suggested items for the month of March Easter Egg dye, canned fruit, ketchup, mustard, dinner napkins, ground coffee, snacks for the kids, and microwaveable food items. **Take one of our new blue reusable shopping bags, fill it, return it, and take another bag for your next trip.**



St. Gregory's Easter Distribution will take place during Holy Week. All Saints will support this by making Easter baskets for children and teens. Please fill and bring baskets to church by March 25, so we can get them to St. Gregory's by the 29 when distributions will begin. Thank you!



Altar Flower Dedications for Easter Envelopes will soon be in the pew card racks for the dedication of Easter flowers. Please participate in the beautification of the altar with thanksgivings and memorial dedications, which will be listed in the bulletin. Thank you.

[All Saints Donations](#)

If you would like to make a donation to All Saints Church, please use your smartphone camera to scan the QR code shown at right.



JOIN US IN OUTREACH, "*Supper with All Saints*" is one of the longest running programs at our church. It is held the last Tuesday of every month from 4 PM – 5:30 PM. Over the years we have helped fulfill the need for food, nourishment, and fellowship for those in need in our surrounding community. We are looking for more saints of All Saints to join us. If you are interested or curious, please come on the last Tuesday of any month and see us in action. If you have any questions, please reach out to Linda Gyrko, John Copman, or Robin in the parish office.

Rector

The Reverend Kathryn L. King

Priest Associate

The Reverend Mary Frances Schjonberg

Minister of Music

John Milas, AAGO, ChM

Parish Administrator

Robin Beaudry

Sexton

Jeanette Caldwell

Treasurer

Larry Kyse

Bookkeeper

Cheryl Smith

Senior Warden

Christine Kyse '27

Junior Wardens

Chad Newsome '28 Jane White '27

Vestry

Meg Beresik '29 Michael Ling '27

Hilary Morse '28 Jo Patrone '27

Clayton Smith '28 Penny Witt '29



IMPORTANT NOTIFICATION: SCAM ALERT - Please remember that neither Kathryn nor anyone at All Saints will ever ask you to purchase gift cards, send money, or make purchases on their behalf via email or text. If you receive such a request, please contact the parish office so we can notify the rest of our parish family.